

PREPARING FOR YOUR ENDOSCOPY (EGD)

After administering IV sedation, Dr. Narváez passes a lighted, flexible instrument (endoscope) through the mouth and back of the throat to allow examination of the esophagus, stomach and duodenum.

In preparation for your EGD follow a regular diet the day before your procedure. **Starting at midnight the night before the exam you may no longer consume any food or liquids.** All medication must wait to be taken till after the procedure unless otherwise indicated below, such as blood pressure medication. Should any biopsies be taken they will be sent to a pathologist who will send our office the results within a week, at which time we will schedule you for a follow up visit so that Dr. Narváez may go over the reports with you.

Patient Name

Date of ENDOSCOPY

Time

Facility

I acknowledge that I understand the following additional instructions as they pertain to my procedure:

Blood Pressure medication must be taken 2 hours prior to my procedure

If applicable, the following meds will be taken before the procedure:

All blood thinners, such as Iron, Coumadin (Warfarin), Plavix, Pradaxa, Aspirin, must be stopped 3 days prior to the procedure

If applicable, the following meds will be stopped 3 days before the procedure:

A chaperone must drive me to the facility, wait for me at the facility and drive me home from the facility

By signing this form, I hereby understand all that is written:

Patient Signature: _____

Date: _____



Please call the office if you have to cancel or reschedule your procedure; not doing so will result in a fee from the office and surgery center. Thank you.