



**Ernesto
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Questions?

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MoviPrep Instructions

For MoviPrep assistance call 1-855-466-8479.

FIVE DAYS BEFORE your procedure:

1. Stop aspirin products, blood thinners, or anti-inflammatory medications. If you have any aches or pains, you may use Tylenol.
2. If you are on blood thinners or aspirin, contact your PCP or cardiologist for consent to be off medication for 5 days.

TWO DAYS BEFORE your procedure:

1. Stop iron or multivitamins.

ONE DAY BEFORE your procedure:

1. When you wake up in the morning, prepare your MoviPrep: **Empty one Pouch labeled A and one Pouch labeled B** into the disposable container. Add warm water to the top line. Mix solution together and refrigerate to chill for 6pm prep. (*You may add two packets of Crystal Light to the container if you wish, lemonade flavor only.)
2. Have a light breakfast **before 10:00 a.m.** (Example: Oatmeal, cereal, cream of wheat, or toast).
3. After 10:00 AM, you will be on a clear liquid diet all day. *Clear liquids include: Popsicles, Jell-O, broth or bouillon, clear or strained fruit juices, Gatorade, clear sodas, black coffee or tea. **Nothing red, orange, or purple in color, and no milk products.*** Continue to drink as many fluids as you can throughout the day to help keep you hydrated.
4. **At 6:00 PM**, begin drinking first dose of MoviPrep. Drink one 8oz cup every 15 minutes until empty. Should not take more than an hour to complete, total volume is four 8oz cups.
5. When this container is empty, drink **TWO** 8oz glasses of clear liquids (Minimum).
6. Prepare second dose of MoviPrep (follow directions above).
7. **At 10:00 PM**, begin drinking second MoviPrep dose; drink one 8oz cup every 15 minutes until empty. Should not take more than an hour to complete, total volume is four 8oz cups.
8. When second container is empty, drink **TWO** 8oz glasses of clear liquids (Minimum).
9. Continue to drink clear liquids until midnight. **Nothing to eat or drink after midnight.**

THE DAY OF your procedure:

1. Take your heart, blood pressure, asthma, and seizure heart medications the day of your procedure with a small sip of water.
2. All patients must have a family member or friend to sign your discharge orders, even if public transportation is taken or rides provided by Medicare or Medicaid. Procedures will be rescheduled if transportation arrangements have not been made for your safe return trip home.
3. Please leave all valuables at home, as we cannot be responsible for the loss of your valuables.

Please contact Dr. Guerra's office 48 hours prior to if cancellation or rescheduling procedure is necessary.

